

## Fairy Freckled Cow Trail Race 2016

Position	First Name	Last Name	Age category	Club	Time
1	Rory	Middleton	SM	Unattached	41.58
2	Simon	Roberts	M40	Buckley Runners	42.33
3	Iwan	Evans	SM	North Wales Road Runners	44.46
4	Jason	Thomas	M40	Cybi Striders	44.54
5	Chris	Callaghan	SM	Buckley Runners	45.27
6	Dean	Allison	SM	North Wales Road Runners	46.04
7	Justin	Edwards	JM	Buckley Runners	46.08
8	George	Nicholls	M40	Prestatyn Running Club	46.10
9	Gary	O'Connor	M40	Helsby RC	46.14
10	Vic	Belshaw	M50	Denbigh Harriers	46.25
11	Matt	Smith	SM	Prestatyn Running Club	46.32
12	Arwel	Lewis	M50	Eryri Harriers	46.47
13	Graham	Darmont	SM	Unattached	47.19
14	Mike	Robbins	M50	Wrexham AC	47.19
15	Rob	Alexander	SM	Prestatyn Running Club	47.36
16	Amy	Bagnall	SF	Prestatyn Running Club	47.36
17	Stephen	Stocker	M40	Prestatyn Running Club	48.28
18	David	Griffiths	M40	GOGS Triathlon	48.40
19	Simon	Bonfield	M40	Unattached	48.48
20	Jonathan	Flemming	SM	Eryri Harriers	48.49
21	Mark	Mayer	M40	Abergele Harriers	48.56
22	Owen	Gethin Evans	SM	Unattached	49.07
23	Gareth	Poughton	M40	Buckley Runners	49.28
24	Carolyn	Stamper-Clarke	F40	Delamere Spartans	50.01
25	Stephen	Bellis	M60	Buckley Runners	50.08
26	Mark	Jessett	SM	Unattached	50.11
27	Ceri	Cook	F40	Buckley Runners	50.38
28	Paul	Quinn	M40	Buckley Runners	50.46
29	Paul	Aird	M50	Last Inn Runners	51.09
30	Paul	Ballinger	M50	Unattached	51.30
31	Karl	Willaims	M50	Buckley Runners	51.42
32	Phil	Gillard	M50	Helsby RC	51.57
33	Richard	Borne	M40	Mysteryruns	52.17
34	Helen	McArthur	F40	GOGS Triathlon	52.26
35	Ian	Hogg	M50	Buckley Runners	52.28
36	Des	Davies	M50	Prestatyn Running Club	52.36
37	Fred	Jones	M60	Denbigh Harriers	52.42
38	Hazel	Berrett	F50	Buckley Runners	52.53
39	Darren	Battersby	M50	Abergele Harriers	53.03
40	Helen	Ashworth	SF	Prestatyn Running Club	53.10
41	Anthony	Howe	M40	Abergele Harriers	53.18
42	Dave	Wootton	M50	Buckley Runners	53.21

Position	First Name	Last Name	Age category	Club	Time
43	Rhiannon	Kamink	JW	Colwyn Bay AC	53.50
44	Wyn	Roberts	M40	Prestatyn Running Club	54.01
45	Victoria	Whitehead	F40	Denbigh Harriers	54.06
46	Katy	Baugh	SF	Denbigh Harriers	54.14
47	Chris	Baldwin	M60	Denbigh Harriers	54.21
48	Kevin	GP Higgins	M50	North Wales Road Runners	54.44
49	Anne	Mynott	F50	Unattached	54.45
50	Michael	Whiteside	M60	Tattenhall Runners	55.14
51	John	Humphries	M50	Mysteryruns	55.36
52	Anthony	Atkinson	M40	Vale Royal	55.43
53	Robert	Gotts	SM	Denbigh Harriers	56.00
54	Hannah	Davies	SF	Denbigh Harriers	56.03
55	Elizabeth	Driscoll	F40	North Wales Road Runners	56.15
56	Russ	Cheetham	M50	Prestatyn Running Club	56.18
57	Charles	Ashley	F50	Wrexham AC	56.24
58	Paul	Clutterbuck	M40	Vale Royal	56.38
59	Amy	Owen Jones	SF	Abergele Harriers	56.44
60	Duncan	Jones	M50	Denbigh Harriers	56.49
61	Sion	Roberts	SM	Cybi Striders	57.02
62	Laurie	Griffith	F40	GOGS Triatholon	57.04
63	Nicola	Tomlinson	SF	GOGS Triatholon	57.04
64	Jo	Hoppes	SF	Prestatyn Running Club	57.51
65	Llyr	Jones	SM	Denbigh Harriers	57.51
66	Chris	Birch	F60	Abergele Harriers	57.59
67	Jodell	Romero-Edwards	F40	Unattached	58.25
68	Linda	Martin	F50	Deestriders	58.59
69	Paul	Cheetham	M50	Unattached	59.08
70	Joanne	Edwards	F50	Vale Royal	59.12
71	Michelle	Bennie	SL	Unattached	59.19
72	Mike	Davies	M60	Prestatyn Running Club	59.20
73	David	Gardner	M70	North Wales Road Runners	59.25
74	Jo	Lewis	F40	Prestatyn Running Club	59.33
75	Jayne	Penrhyn Jones	F50	Prestatyn Running Club	59.38
76	Stephen	Wiggins	SM	Helsby RC	59.45
77	Bernie	Jones	M50	Wrexham AC	59.49
78	John	Morris	M70	Buckley Runners	59.55
79	Ali	Reid	F40	Prestatyn Running Club	59.59
80	Marcus	Hodges	M40	Rhedwyr Glanrafon	60.11
81	Michael	Lockett	M50	Unattached	60.50
82	Kath	Evans	F40	Denbigh Harriers	61.00
83	David	Wiggins	M50	Helsby RC	61.17
84	Melanie	Liu	SL	Wrexham AC	61.23
85	Sue	Kaye	F50	Denby Dale Athletics Club	61.39

Position	First Name	Last Name	Age category	Club	Time
86	Anwen	Brown	F40	Denbigh Harriers	62.07
87	Colin	Barnett	M60	Denbigh Harriers	62.38
88	Menai	Baugh	F50	Denbigh Harriers	62.43
89	Deborah	Richards	F50	Prestatyn Running Club	62.56
90	Julie	Logan	F40	Prestatyn Running Club	63.15
91	Sharon	Marriot	SF	Mysteryruns	63.25
92	Diane	Jones	F40	Abergele Harriers	63.37
93	Rob	Stewart	M40	Unattached	63.37
94	Pauly	D Jones	M50	Deeside Orienteering Club	63.38
95	Caroline	Parry	F40	Denbigh Harriers	63.56
96	Carole	Richardson	SF	Beaumaris TRR	63.57
97	Alan	Jones	M40	Prestatyn Running Club	64.37
98	Michael	Hayton	M60	North Wales Road Runners	64.52
99	Elizabeth	Martin	SF	Prestatyn Running Club	65.15
100	Colin	Hampson	M50	Rhedwyr Glanrafon	66.02
101	Lorna	Royale	F40	Deestridders	66.38
102	Lesley	Ingram	F40	Deestridders	66.38
103	Amanda	Garner	SF	Buckley Runners	66.50
104	Rachel	Smart	F40	Unattached	66.58
105	Dawn	Marshall	F40	Denbigh Harriers	67.17
106	Robert	Parry	M40	Denbigh Harriers	67.45
107	Sarah	Massey	F40	Unattached	67.54
108	Lucy	Marriot	SF	Mysteryruns	67.57
109	Gwennan	Johnson	F50	Denbigh Harriers	68.07
110	Geoff	Mount	M70	Unattached	68.47
111	Debra	Bellis	F50	Buckley Runners	69.04
112	Robert	Mackey	M60	Buckley Runners	69.46
113	Lesley	Pymm	F60	Bournville Harriers	70.26
114	Nan	Roberts	F40	Unattached	72.01
115	Kath	Roberts	F40	Unattached	72.20
116	Clare	Manley	F40	Prestatyn Running Club	73.38
117	Karl	Martin	M40	Prestatyn Running Club	73.24
118	Caroline	Edwards	F50	Prestatyn Running Club	73.52
119	Michelle	Lindfield	F40	Unattached	74.00
120	Karen	Owens	F40	Wrexham AC	75.28
121	Sarah	Marnot	SF	GOGS Triathlon	75.29
122	Celia	Free	F40	Unattached	75.29
123	Sonya	Griffiths	F50	Abergele Harriers	75.34
124	M Joy	Mount	M70	Unattached	76.05
125	John	Worthington	M40	Denbigh Harriers	76.14
126	Karen	Bagnall	F40	Prestatyn Running Club	76.18
127	Joan	Edwards	F50	North Wales Road Runners	76.18
128	Dianne	Roberts	F40	Denbigh Harriers	77.17

Position	First Name	Last Name	Age category	Club	Time
129	Patty	Pedley	F50	Malpas Misfits	78.21
130	Rob	Hodgkinson	M50	Malpas Misfits	78.21
131	Kath	Snaith	F40	Denbigh Harriers	79.29
132	Sue	Levinson	F60	Denby Dale Athletics Club	79.44
133	Jill	Timmins	F50	Denbigh Harriers	80.22
134	Cheryl	Stewart	F40	Unattached	80.39
135	Meilyr	Emrys	SM	Denbigh Harriers	DNF
136	Andrew	Roberts	M50	Unattached	DNS
137	Amy	Miller	SL	Unattached	DNS
138	Sian	Beck	SL	Prestatyn Running Club	DNS
139	Kate	Lightfoot	F40	Tattenhall Runners	DNS
140	Vanessa	Noble	F40	Unattached	DNS
141	Val	Jones	F40	Prestatyn Running Club	DNS
142	Andy	Roscoe	SM	Denbigh Harriers	DNS
143	Steve	Gadd	M40	Unattached	DNS