

Safle	Rhif	Amser	Enw	Clwb	Dynion / Male:										Merched/Female								
Pos	No	Time	Name	Club	MSEN	M35	M40	M45	M50	M55	M60	M65	M70	M75	FSEN	F35	F40	F45	F50	F55	F60	F65	F70
36	38	53.31	Gwennan Henstock	Buckley RC													1						
37	79	53.46	Mike Snell	Eryri Harriers								2											
38	97	53.59	George Nicholls	Prestatyn Running C					6														
39	54	55.04	Linda Jones	Wrexham aac															1				
40	65	55.20	Ian Mawdesley	Wrexham AAC			6																
41	48	55.37	Fred Jones	Denbigh Harriers								3											
42	8	55.55	Simon Bonfield	Abergele Harriers					7														
43	86	55.59	Nicola Wylie	NWRRC															2				
44	55	56.19	Kerry Jones	Cybi Striders														1					
45	9	56.20	Adam Brightman	Cybi Striders						3													
46	61	56.33	Pab Maddox	Newcastle Staffs AC						4													
47	2	56.38	Paul Aird	Deestridders RC							4												
48	27	56.59	Lee Evans	Denbigh Harriers														2					
49	37	57.18	Christopher Hedley					7															
50	74	57.32	James Rogers	Prestatyn Running C				8															
51	18	57.46	Emyr Davies	Rhedwyr Hebog										1									
52	14	57.53	Nick Cason	Bungay Black Dog F				9															
53	23	58.22	Charlie Eldred	Chester Triathlon Clu						5													
54	40	58.55	Jon Holmes	Northwich Running C						6													
55	11	59.05	Steven Brown	Prestatyn Running C					8														
56	39	59.08	Kevin Higgins	North Wales Road R							5												
57	75	59.18	Andrew Scott	Prestatyn Running C				10															
58	50	59.34	Ann Claire Jones	Prestatyn Running C															3				
59	82	60.01	James Todman					11															
60	30	60.27	Sarah Giles	Denbigh Harriers										7									
61	45	60.47	Sophie Johnson	Prestatyn Running C													2						
62	32	60.54	Hannah Griffith	North Wales Road R													3						
63	17	61.14	Vicky Darby-Brown														3						
64	82	61.46	James Todman					12															
65	42	62.30	Susan Hughes	Prestatyn Running C																	1		
66	69	62.48	Sarah Morgan														4						
67	5	62.49	Julian Ayres			4																	
68	93	62.57	John Roberts							7													
69	64	62.58	Liz Martin	Prestatyn Running C														4					
70	90	63.15	David Munday							8													
71	13	63.25	Mandy Cartwright	Prestatyn Running C													5						
72	53	65.06	Jeffrey Jones	Denbigh Harriers									1										
73	24	65.31	Jane Elliott																4				

