

HEALTH & SAFETY RISK ASSESSMENT

DENBIGH HARRIERS RUNNING CLUB

Race Name: Fairy Freckled Cow Trail Race
Race Director: Owen ConryRace location: Lyn Alwen Reservoir - Denbigh Moors
Review Date: 1st August 2021

INITIAL RISK LEVEL							MITIGATING ACTIONS						
Risk ref	Significant Hazards	Outline the Risk	How is the Risk currently controlled?	Severity	Likelihood	Severity score	Description	Severity	Likelihood	Severity score	Target Date		
R01	Runners & Spectators crossing B4501 to Alwen and cars turning onto the Alwen track	Pedestrians and motorists in relatively close proximity	No controls at present	Large	Moderate	4 3 12	Several High visibility signs on race day. Also Marshals in place at key locations.	Medium	Low	3 2 6	01-Aug		
R02	Uneven race surface and natural hazards	Trips and falls by runners	No controls at present	Medium	Moderate	2 2 4	Verbal Instructions to runners before start of the race. Tall runner and marshalls around the course. St John's Ambulance on site for duration of the race	Small	Low	1 2 2	01-Aug		
R03	Mountain bikers, walkers, and dogs on course	collisions. Runners and other potentially injured.	No controls at present	Medium	Moderate	2 2 4	Verbal Instructions to runners before start of the race. St John's Ambulance on site for duration of the race. Also high visibility signs and Marshall on the course	Small	Low	1 2 2	01-Aug		
R04	Gates, Kissing gates and stile	Runners - fingers trapped, slips and other injuries	No controls at present	Small	Low	1 2 2	Verbal Instructions to runners before start of the race. St John's Ambulance on site for duration of the race	Small	Low	1 1 1	01-Aug		
R05	Dehydration of runners	runners dehydrated on hot days	No controls at present	Small	Low	1 2 2	Water station at approximately half way. Also Water station located at the finish as well. St John's Ambulance on site for duration of the race	Small	Low	1 1 1	01-Aug		
R06	Bad weather - Rain and wind	Runners cold and wet	No controls at present	Small	Low	1 2 2	Course well marked and taped. Marshalls at key locations of the course. St John's Ambulance on site for duration of the race. Advice on appropriate clothing given prior to the race start	Small	Low	1 1 1	01-Aug		
R07	Covid - Transmission	Transmission through close contact with other people	No controls at present	Small	Low	1 2 2	Maintain social distancing in warm up / cool down area	small	Low	1 1 1	01-Aug		
R08	Covid - Transmission	Transmission through touching gates and styles	No controls at present	Small	Low	1 2 2	Keep gates open during event to avoid participants touching path furniture						