

Llyn Alwen Trail Race 8th July 2007

1	Dylan Wynne Jones		Eryri Harriers	40.4
2	Clive West		Buckley	40.59
3	Mike Weedall	V50	Wrexham AC	41.28
4	Chris Davies	V45	Buckley	41.32
5	Gary Norgrove	V40	Wrexham AC	42.57
6	Matthew Roberts		Eryri Harriers	43.09
7	Stephen Bellis	V50	Buckley	44.1
8	Iain Ridgway		Eryri Harriers	44.11
9	David Nolan		NWRRRC	44.13
10	Justin McIlveen		Abergele	44.24
11	Paul Stinton		Buckley	44.35
12	Matthew Ashton		Abergele	44.51
13	Gareth Bicknell		Colwyn Bay	45.06
14	Sarah Kleeman	L	Eryri Harriers	45.36
15	Edward Reid	V40	Abergele	45.45
16	Gareth Brandrick		Prestatyn RC	45.57
17	Martin Cortvriend	V55	Denbigh Harriers	46.18
18	Dave Boothroyd	V45	Buckley	46.43
19	Hugh Lewis	V45	Buckley	46.44
20	Alun Humphries	V40	Denbigh Harriers	46.56
21	Noel Craine	V40	Eryri Harriers	47.05
22	M Green		NWRRRC	47.11
23	Andrew Jones	V40	Unattached	47.33
24	Mark Smith		Tattenhall Runners	47.52
25	John Humphries	V50	Mysteruns	47.53
26	Paul Brandrick	V50	Prestatyn RC	48.21
27	Christopher Williams	V45	Colwyn Bay	48.33
28	Peter Carpenter	V45	Unattached	48.42
29	Peter Roberts	V65	Buckley	48.54
30	Paul Donoghue		Buckley	49.03
31	Mike Hobday	V45	Unattached	49.06
32	Richard Borne	V40	Eryri Harriers	49.17
33	Glyn Jones	V40	Maldwyn Harriers	49.24
34	Huw Roberts		Unattached	49.35
35	Carol Williams	L	Tattenhall Runners	49.39
36	Michael Whiteside	V50	Tattenhall Runners	49.56
37	Phillipa Taylor	LV40	Prestatyn RC	50.01
38	Derek Owen	V55	Shrewsbury	50.18
39	Dilwyn Rowlands		Eryri Harriers	50.22
40	Kevin Higgins	V45	NWRRRC	50.27
41	Jane Lindley	LV40	Buckley	50.34
42	Tim Hughes		Tattenhall Runners	50.46
43	Brian Hastings	V60	West Cheshire AC	50.57
44	Haydn Jones	V40	Abergele	50.58
45	John Morris	V60	Buckley	51.19
46	Dawn Urquhart	LV35	Buckley	51.22
47	Mike Powell	V50	Unattached	51.31
48	Alison Smith	L	Tattenhall Runners	51.32

49	Paul Ballinger	V50	Denbigh Harriers	51.35
50	Carol Willgoose	LV45	Abergele	51.37
51	John Hickman	V65	Abergele	51.59
52	Graham Innes	LV40	Tattenhall Runners	52.07
53	Tracey Williams	LV40	Denbigh Harriers	52.09
54	Peter Lewis	V50	Unattached	52.22
55	Geraint Dodd		Denbigh Harriers	52.38
56	Sian Evans	LV35	Sparkhill Harriers	52.54
57	Keith Humphreys	V40	Denbigh Harriers	52.58
58	Austin Bell	V50	Mysteruns	53.14
59	Andrew Roberts	V40	Unattached	53.25
60	Andrew Pierce		Unattached	53.42
61	Katie Brandrick	L	Prestatyn RC	53.45
62	Jake Rousseau		Unattached	54.03
63	Gareth Ellis		Unattached	54.05
64	Mary Tavner	LV45	Vale Royal	54.16
65	Gary Tann	V45	Mysteruns	54.39
66	Jack Bradley	V40	NWRRRC	54.43
67	Wendy Trimbel	L	Eryri Harriers	54.52
68	Christine Pluke	LV35	Unattached	55.05
69	David Jones		NWRRRC	55.2
70	Catherine Jones	L	Tattenhall Runners	55.27
71	Barrie Jackson	V65	Bro Dysynni	55.47
72	Jack Thomas	V65	Buckley	56.1
73	Brian Beattie	V60	West Cheshire AC	56.21
74	Hilary Roderick	LV40	Unattached	56.31
75	Geoff Brier	V55	Unattached	56.36
76	Kim Norgrove	LV40	Wreccsam Tri	57.21
77	Sue Jones	LV45	Eryri Harriers	57.59
78	Linda Martin	LV40	Deestridders	58.31
79	Ian Jones	V40	Unattached	58.38
80	Debra Bellis	LV40	Buckley	58.39
81	Grace Hart	LV35	Tattenhall Runners	58.42
82	Grace Hough	LV55	Telford Harriers	58.57
83	Michael Hett	V40	Unattached	50.03
84	Lawrence Woodley	V75	Tattenhall Runners	59.32
85	Eleri Wyn Goddard	LV35	Prestatyn RC	59.42
86	David Brierley	V45	Chester Tri	60.06
87	Chris Baker		Unattached	60.25
88	Mike Cutler	V50	South Cheshire Harriers	60.26
89	Heidi Stewart	L	Unattached	60.52
90	Lorna Royle	LV35	Deestridders	60.58
91	Leslie Ingram	LV40	Deestridders	60.58
92	Judith Jones	LV50	Eryri Harriers	61.08
93	Bill Scriven	V50	Prestatyn RC	61.18
94	John McKenna	V55	Unattached	61.19
95	Eleri Jones	LV35	Denbigh Harriers	61.34
96	Melanie Williams	LV45	Mysteruns	62.02
97	Iona Dafis	L	Unattached	62.21
98	Dawn Owen	LV40	Unattached	62.22

99	Yvonne Prior	LV45	Unattached	62.33
100	Barbara Bott	LV35	Unattached	62.48
101	Sue Roberts	LV40	Unattached	62.49
102	Brenda Jones	LV65	Bro Dysynni	63.57
103	Marit Evans	LV40	Bro Dysynni	63.58
104	Victoria O'Brien	L	Unattached	64.14
105	Gill Yates	LV45	Prestatyn RC	64.21
106	Chris Hale	V50	Road Runners	64.25
107	Thomas Davies	V50	Unattached	65.03
108	Ron Pogue		Unattached	65.36
109	Pam Brown	L	Unattached	65.44
110	Alison Chin	LV45	Unattached	67.03
111	Gill Brandrick	LV50	Prestatyn RC	67.15
112	Barry Sylvester	V65	NWRRRC	67.16
113	Linda Roberts	LV35	Unattached	67.22
114	Michelle Jones	LV40	Unattached	67.34
115	Charlie Davies	V55	Unattached	67.28
116	Neil Taylor	V40	Unattached	69.54
117	Martin Stirna	V50	South Cheshire Harriers	69.55
118	Stella Richards	LV50	Shrewsbury	70.48
119	Debbie Hughes	LV45	Eryri Harriers	71.05
120	Karen Bancroft	LV45	Unattached	71.27
121	Ian Taylor	V40	NWRRRC	71.07
122	Graham Passmore		Unattached	72.3
123	Siegried Lewis	LV55	Unattached	82.39
124	Graham Johnson	V60	Serpentine	90.49